

Lesmahagow Community Football Club

Health & Safety Policy

Lesmahagow Community Football Club is committed to providing a safe environment for all players, coaches, volunteers and parents. It will promote standards of health, safety and welfare within football and will ensure compliance with all relevant statutory provisions.

- The club will ensure, so far as reasonably practicable, that training and playing venues are fit for the purpose.
- The club will ensure that equipment used during training and official matches is well maintained and fit for purpose.
- The club will refuse to allow players to train or play without appropriate kit, particularly shin-pads, boots appropriate for the playing surface or if they are deemed unfit to play through health reasons.
- The club will ensure all matches and training sessions will be overseen by Coaches who hold recognised football coaching certificates.
- The club will ensure that at least one qualified First Aider will be in attendance at all training sessions and official matches and that a fully equipped Medical Kit is available at all times.
- The club will ensure that Coaches have access to a maintained list of Player details and Emergency Contacts along with details of any disabilities and illness that a player may suffer from along with having procedures agreed with Parents and Guardians to treat any conditions which may arise while playing or training.
- The club will ensure that Child Protection Policy and all Codes of Conduct are maintained and adhered to.
- The club will ensure that the recommendations concerned with duration of play are adhered to, and that adequate rest breaks are allowed during training and official matches.
- Health and Safety will never be compromised for any other objective.
- All Coaches and First Aiders will be the subject of checks to ensure compliance to the club's Child Protection Policy.
- This Policy will be reviewed and revised annually or more frequently, where required, to achieve continuous improvement in respect of Health and Safety.

Date: 08th August 2017